



# NOVEMBER EVENTS



## Nourish

Starting November 1st, Nourish at Lupin Lodge has updated hours!

**Mon-Thurs:** CLOSED  
**Friday:** 12-1 pm & 5-7 pm  
**Saturday:** 8-10 am, 12-1 pm, 5-7 pm  
**Sunday:** 8-10 am, 12-1 pm, 5-6 pm  
**Tranquil Hours Fri-Sun:** 1-3 pm

## SUNDAY 1

**Yoga** 11 am, Upper Lawn  
**Qigong** 1 pm, Waterfall Lawn  
**Progressive Art Series** 3 pm, Clubhouse Lawn

## DECEMBER

12/5: Gingerbread House Making & Tree Decorating  
12/12: Birthday & Anniversary Dance  
12/18: Open Mic Night  
12/19: Classic Movie Marathon  
12/25: Christmas Brunch  
12/21: Camera Club  
12/31: New Year's Eve Party

## FRIDAY 6

**Sip, Paint & Craft** 5-7 pm, Clubhouse Lawn  
**Movies on the Lawn** 7-9 pm, Clubhouse Lawn

## SATURDAY 7

**Yoga** 11 am, Upper Lawn  
**Music on the Lawn** 12 pm, Clubhouse Lawn  
**Hike to Labyrinth** 1 pm, meet at the pool

## 8

**Yoga** 11 am, Upper Lawn  
**Qigong** 2 pm, Waterfall Lawn

## 13

**Karaoke** 5-7 pm, Clubhouse Lawn  
**Movies on the Lawn** 7-9 pm, Clubhouse Lawn

## 14

**Yoga** 11 am, Upper Lawn  
**Music on the Lawn** 12 pm, Clubhouse Lawn  
**Hike to Labyrinth** 1 pm, meet at the pool  
**Nude Life Drawing** 2 pm, Clubhouse Lawn  
**Harvest Family Fun Festival** 2:30-7:30 pm  
**Birthday & Anniversary Dance** 7 pm,

## 15

**Yoga** 11 am, Upper Lawn  
**Qigong** 2 pm, Waterfall Lawn  
**Poetry Open Mic** 3-5pm

## THURSDAY 19

**Earring Making** 4-6 pm

## 21

**Yoga** 11 am, Upper Lawn  
**Music on the Lawn** 12 pm, Clubhouse Lawn  
**Hike to Labyrinth** 1 pm, meet at the pool

## 22

**Yoga** 11 am, Upper Lawn  
**Qigong** 2 pm, Waterfall Lawn

## FRIDAY 20

**Sip, Paint & Craft** 5-7 pm  
**Open Mic Night** 8 pm,

## THURSDAY 26

**Thanksgiving Brunch**

## 28

**Yoga** 11 am, Upper Lawn  
**Music on the Lawn** 12 pm, Clubhouse Lawn  
**Hike to Labyrinth** 1 pm, meet at the pool

## 29

**Yoga** 11 am, Upper Lawn  
**Qigong** 2 pm, Waterfall Lawn  
**Camera Club** 2pm

## FRIDAY 27

**Karaoke** 5-7 pm  
**Movies on the Lawn** 7-9 pm

## HIRING

Lupin is hiring a handyman! Must have own tools and be available to work 20-30 hours per week. Background check.

## COVID

Social distancing is mandatory in the pools and everywhere else.

Per the health dept., our hot tub and sauna is closed.

A face mask is required when entering the office and/or any building, and/or when social distancing can not be managed.

Please stay home if you have even a hint of illness.